



Plain language version - October 2017

Purpose of this consultation paper

This is a consultation paper about the Australia and New Zealand Cerebral Palsy Strategy.

We have written a draft strategy with input from a working group.

The draft strategy outlines:

- goals and priorities to better meet the needs of people with cerebral palsy (CP)
- ways we can work together to achieve common goals
- ways we can influence government policy, systems, society and practice.

We want feedback from:

- people with cerebral palsy
- family members
- professionals who work in the field
- key decision-makers, for example, politicians and the NDIA.

We want to hear your feedback about our strategy and any other issues you want us to address.

The strategy

Our vision is for people with CP to live a meaningful life.

Our mission is to improve the quality of life, health and participation of people with CP through quality research, communications, healthcare and support.

Goal 1 – Inclusion and engagement

To ensure people with CP are able to participate in all aspects of life. For example, we aim to:

- provide services that enable participation at all levels
- advocate for the rights of people with CP to participate in the community
- develop resources about community activities that might interest people with CP and their families
- research how learned behaviour and past experience affects participation.

Goal 2 – Health outcomes

To improve health outcomes for people with CP. For example, we aim to:

- improve the way society views the health needs of people with CP
- research the barriers faced by people with CP when accessing preventative health services
- improve the way health practitioners address the needs of people with CP
- improve transitions between service sectors (paediatric to adult health systems, or disability to aged care funding systems).

Goal 3 – Intervention and disability support

To provide effective, timely, evidence-based treatments and supports to people with CP and their families. For example, we aim to:

- develop a range of supports to improve quality of life for people with CP and their families
- provide evidence-based advice to key stakeholders to help shape quality intervention options
- learn about the impact of different forms of treatment, therapy and support on parents and siblings of people with CP
- communicate treatments and supports to people with CP and their families so they can make informed decisions.

Goal 4 – Cure and prevention

To reduce the frequency and severity of CP and find a cure. For example, we aim to:

- work with people with CP and their families to ensure their opinions shape our direction
- identify ways to reduce the frequency of CP
- identify ways to reduce the severity of CP
- ensure best-practice techniques are used in mainstream health services.

Measuring success

Our goals need to be measurable. We want your feedback about how we can measure outcomes for each goal. For example, reduce the incidence of CP in Australia to 1 in 600 births by 2020 date.

Strategy Review

We want your feedback about when this strategy should be reviewed in future.

More information

You can find out more about our strategy and ways to provide feedback by:

- visiting cerebralpalsystrategy.com.au
- contacting Ingrid Honan at ihonan@cerebralpalsy.org.au



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Scope's Communication and Inclusion Resource Centre wrote the plain language version. October 2017 www.scopeaust.org.au To see the original contact Cerebral Palsy Alliance.